PRESS RELEASE



Commonwealth Healthcare Corporation

Commonwealth of the Northern Mariana Islands 1 Lower Navy Hill Road Navy Hill, Saipan, MP 96950



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FOR IMMEDIATE RELEASE

CHCC registered nurses certified in suicide intervention skills

The Commonwealth Healthcare Corporation (CHCC), in partnership with the Northern Marianas College (NMC), certified 10 CHCC registered nurses in the Applied Suicide Intervention Skills Training (ASIST).

ASIST is an evidence-based suicide intervention training program that provides participants with the skills necessary to connect, understand, and assist persons who may have thoughts or be at risk for suicide. It provides a personalized, life-assisting, first-aid intervention that reinforces help-seeking by those at risk for suicide. Since 2018, the CHCC Community Guidance Center (CGC) ASIST trainers have certified 423 individuals in the CNMI, 378 from Saipan and 45 from Rota. Plans to offer the training in Tinian are in progress.

The two-day workshop was held at NMC on June 23 and 24, 2021. Mia Jones from CGC, along with Kaelani Demapan from NMC, facilitated the workshop.

The training was made possible with support from the Garrett Lee Smith Youth Suicide Prevention Program (5H79SM062879) and the Northern Marianas College.

For more information on ASIST, visit <u>www.livingworks.net</u>. For more information about CHCC programs, follow us on Facebook, Instagram, and Twitter at @cnmichcc; visit <u>www.chcc.gov.mp</u>; or call (670) 234-8950.

This press release may be found online at http://www.chcc.gov.mp/pressrelease.html.